

LIFE TO THE FULL

Day Four: *Understand and Unlock*

Today, we're looking at points seven and eight from the workbook.

When head knowledge becomes heart knowledge in all things Bible, it's a game changer!

As mentioned in point seven of the workbook, when Jesus appeared to His disciples as resurrected proof of His promise, they *still* didn't get it.

The great news is that Jesus didn't leave the disciples grappling to understand. Instead, He 'opened their minds to understand the scriptures'.

The truth is, if all we do when it comes to God's word is study it, we really are missing out on Life to the FULL!

Now, granted we don't have Jesus in the room with us to 'open our minds' but we *do* have the Holy Spirit! Check out John 14:26 - "*But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you.*"

Wow. The access we have to the Holy Spirit is amazing and something we absolutely mustn't take for granted.

- ♥ **Hopefully, if you've been following along in this challenge, you should have a Bible reading/quiet time plan now (if you didn't have one already, of course)! Today, as you read God's Word, ask the Holy Spirit to open your minds to what God is trying to say to you through it today. Note down some of your thoughts below.**



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Nothing we say, do or think is hidden from God.

Obviously, we know this to be true. However, how often do we come before God with our deepest hurts, longings and hearts desires?

God doesn't want us to scratch the surface with Him, He wants us to *dig deep* and truly unlock our hearts and minds at the foot of His cross.

When the disciples' hearts were troubled (see point 8 in the workbook) Jesus asked them why.

- ♥ Is the Lord asking you 'why?' right now? If you're in a confusing or challenging place in this season, Is He prompting you to tell Him why you *really* feel the way you do?
- ♥ Equally, perhaps it's time to get real and brave before God with your DESIRES? Have you truly asked God for what you want in your life? Your work? Your business? He doesn't have to give you those things. But it doesn't hurt to ask. Be BOLD! Unlock your heart hurts and deep desires below.

