



# *chosen.*

An online mindset journey  
to walking in your worth

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#chosenlife



# Module Two

*Not Chosen.  
by chance.*

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## Module Two – Not Chosen by chance

What does it mean to you to know you are chosen by God? The same God we've just recognised the magnitude of in Module One has literally chosen *you*! This module is all about recognising our unique call and purpose, even in the midst of the mundane. God doesn't do things by accident and so when you were called out of darkness and into His marvellous light, there was a reason behind it!

### *My Story*

Today, 'my story' isn't really mine at all. It's a teenager's. A 16 year old girl who had experienced such painful bullying and abuse throughout her school life, that she had resorted to self-harm and self-esteem through the floor. Today, my story is hers.

Some of you will know that I had the privilege of being a high school teacher throughout most of my twenties. In the final two years of my seven year teaching career, I led an alternative education unit for students who had been removed from mainstream schooling and were, instead, to be educated in a different building. It just so happened that the building I was given to teach and mentor these students in, was a church!

During a regular break time, the students and I were sat out in the area we often used in between lessons. In truth, it was the church foyer! This inevitably meant that there were Bibles lying around, and to my surprise, there was a particular day on which this emotionally battered and bruised young lady picked one up! The assistant pastor of the church (and new friend of mine) noticed this and called over to her.

*"Hey, check out Psalm 139."*

Now, I wasn't sure what she'd do at that point, but to my surprise, she started to look for it. I went over and helped her find the page and handed her back the Bible.

This girl read the whole of the Psalm out loud. To me, to the assistant pastor, and to her peers. She read words like:

*"I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well." (Psalm 139:14)*

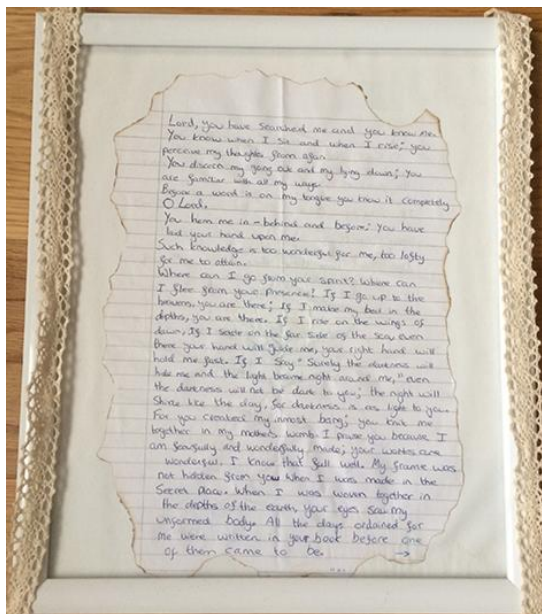
Now, we know the Word of God is LIVING and ACTIVE (Hebrews 4:12) and so I shouldn't really have been surprised when, at the end of her reading, she paused for what seemed like quite a long time and just said 'wow'. I responded with something along the lines of, 'I know, it's so good isn't it?' all the while praying silently that these precious words had resonated with this precious girl.

I'll never forget what happened next.

Two or three days later, I'd forgotten about our break time Bible reading, really, and had carried on about my day to day duties when, suddenly, this girl approached me with a white envelope in her hand. She said:

*"I knew you liked this miss, and so did I, I wanted to give it to you."*

And there, in that white envelope, was a tea stained beautifully handwritten version of Psalm 139! This girl, so impacted by truth, had found a Bible (or the reading online) and had taken the time to write out these words and share them with her teacher. I framed that piece of paper and it now hangs above my desk in my home office as a reminder of the power of God's Word. Even those who don't know God can be captivated by His truth. We spoke a little more about God's truth and promises over the next few days and I truly pray they planted a seed in her heart and mind of just how precious she is in God's sight.



I contacted her a while back to see how she was getting on. I knew I'd be sharing her story and so I wanted to ask her a question. I asked her what she first thought when she read those words, and she said the following:

*"It made me think that whoever wrote the passage was stating God's existence and that it's almost as if this person had a personal relationship with God."*

That's a word for word quote of a 16-year old girl who wouldn't profess to being a Christian. That is the power of God's Word and that personal relationship, lovely, is one that we actually have with the King of kings!

Before we dive into His story today, I'd love for us to pause and reflect on what it means to have a *personal* relationship with the God we have just marvelled at in Module One, the God who made a 16 year old high school student stop in her tracks and, if only for a moment, recognise His word as truth and a witness to His existence. *That's* who we are loved and chosen by.

## Pause Point

**Knowing that the promises and wisdom of Psalm 139 are just as true for you as they were the psalmist, what does this cause you think/feel? E.g. Empowered? Motivated? Overwhelmed?**

*(Use your favourite journal or a notebook to make a note of your response to this.)*

## His Story

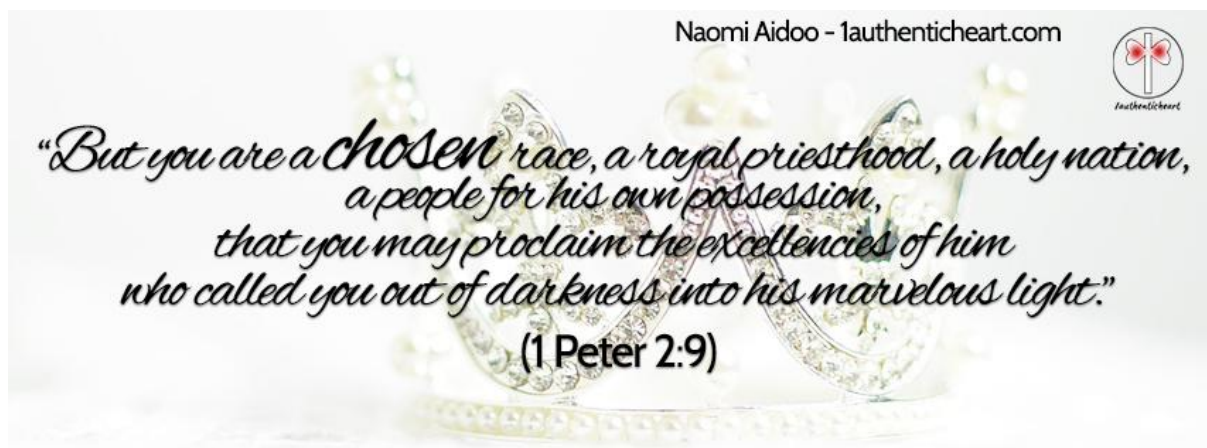
Before we were chosen by God for anything, there was someone else who was also described as such.

That person was Jesus Christ.

As we explored in the audio - on a mountainside, in a moment of intimacy with His Father and in the presence of His closest companions, Jesus is called Chosen. (Just check out Luke 9:35)

I don't believe that any one of us, even for a second, would doubt the choosing of Jesus being divine. That He was ordained for something which only He could accomplish. And of course, we'd be right.

However, as we explored in the introductory module and in Module One, we are also chosen! 1 Peter 2 verse 9 tells us...



Not only are we chosen to be His daughters, we're also chosen with purpose in mind (more on that in a moment.) That type of choosing does not happen by accident and so we definitely shouldn't treat it as such. God most definitely calls specific people to specific places in order to fulfil specific purposes.

Let's take the calling of David, for example. In 1 Samuel 16, Samuel is in search of a new king. He comes to the house of Jesse to meet his sons. At surface level, it looks as though any one of these seven sons might be a suitable candidate, and yet Samuel continually hears from the Lord that none of these men have been chosen. (1 Samuel 16:8-10).

David wasn't even present when all of this happened. Check out what happens next...

*"Then Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but behold, he is keeping the sheep." And Samuel said to Jesse, "Send and get him, for we will not sit down till he comes here." (1 Samuel 16:11)*

When God ordains for something to happen, He will not stop until it does! David was a regular shepherd boy who was out in the field doing His job. And yet the Lord saw something more and called him.

Like David, we too are chosen with specific plans and purposes in mind – even if, right now, it looks as though what we’re doing doesn’t serve a particular purpose. David was in the middle of a field when he was called! Never feel as though you’ve been forsaken or forgotten about. God sees you, knows you and has called and chosen you.

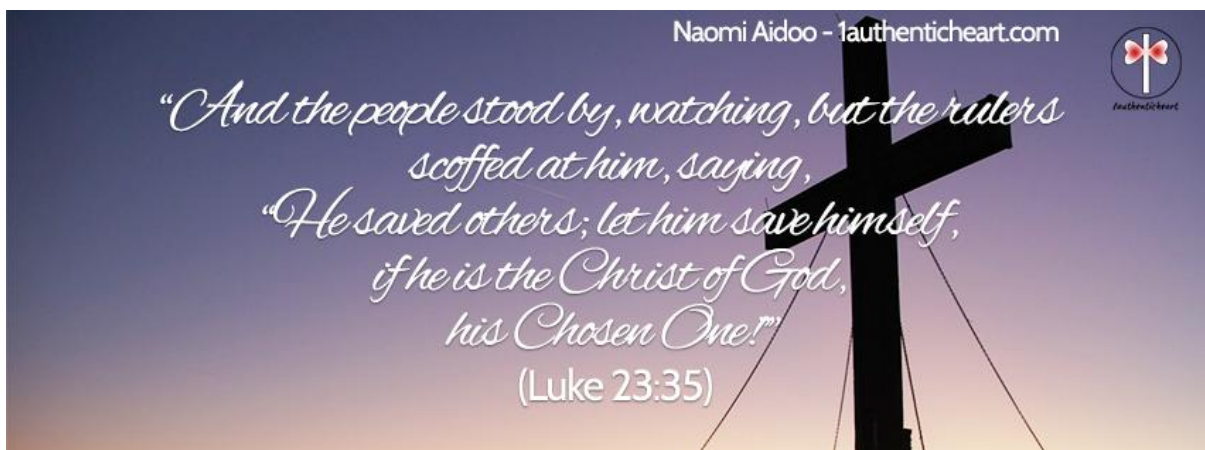
In the audio, as well as looking at David’s call, I explored the call of Gideon and Esther. All three were plucked from what seemed to be obscurity and then were chosen for great things. There are countless examples in the Bible of this happening to ordinary people just like you and me. **Except, we’re not so ordinary, we are chosen!**

## Pause Point

**Can you think of a time (or times) in your life when you have been in what seems to have been obscurity or difficulty etc which you didn’t understand at the time, but can now see God’s bigger plan in?**

*(Use your favourite journal or a notebook to make a note of your response to this.)*

Of course, like I explained in the audio and also earlier on in the workbook, **Jesus Himself was chosen.** We hear this directly from the voice of the Father in Luke 9, but interestingly, we hear it out of the mouth of His persecutors in Luke 23:35...



In the face of His imminent death, Jesus’ ‘chosen’ status is called into question. **Now let’s remember, Jesus had literally been called to this.** It was part of God’s perfect plan for

the redemption of the world that His Son would die only to conquer death and be raised to life again three days later.

Yet, literally at the brink of that moment of divine purpose unfolding, one of the crowd called Jesus out, and the wording here is crucial:

**“He saved others; let him save himself, if he is the Christ of God, his Chosen One!”**

These words are some of the most poignant in this whole encounter and don't sound dissimilar to Jesus' temptation in the wilderness (See Matthew 4:6). This makes it so obvious to me that the enemy was working in the midst here – trying to call Jesus out on His chosen identity as the son of God so that He would not follow through and fulfil the purpose which He was destined for. Because, here's the thing..

**Your identity in Christ will be called into question when you're poised for purpose.**

Not only do I know this to be true because of what I read here, I also know it to be true in my own life and journey. Coaching women both spiritually and in business is 100% my 'sweet spot' and totally and utterly what I am called to do. I am beyond in love with the work I have been blessed with. However, when all of this was unfolding, I definitely felt the assault of the enemy in full force, and it was my mind which was the battleground. What was interesting is that a lot of the thoughts which came up went back to my *identity* in Christ as opposed to the work itself. Thoughts crept in like, *“you're a Christian, you can't possibly charge for your services.”* And *“Do faith and business even mix?”* I really had to ignore these unhelpful thoughts if I was to truly step into my purpose and I'm so glad I did! SO glad I chose to set my mind on things above!



More than I'm glad that I ignored the enemies lies, though, I'm SO glad that Jesus did!

Interestingly, the original Greek word for chosen in Luke 23:35 is actually the word used when describing our own chosen state in 1 Peter 2:9 – Eklektos. As well as 'chosen', this word 'eklektos' also translates as 'elect' and 'appointed'. Nothing about this word is

random, and the fact that it was used in reference to Jesus should enable us to understand that even further.

Imagine if Jesus had allowed the taunts of this man to cause Him to step down from the cross (which of course, He could have.) The consequences of such a decision don't bare thinking about. *That's* why the enemy is loudest when we're positioned for purpose.

**Because who we might actually become and what we might actually do when we walk in our worth will be truly life-changing!** This is why we *must* be intentional about pursuing our purpose, setting our minds on things above and shutting out the lies of the enemy.

Not one of us has been chosen by accident and not one of us is forgotten about.

## Action Step

List the dreams, visions and plans the Lord has laid on your heart for your life, family, business, work and everything in between. Don't hold back.

List the lies or barriers which can sometimes creep in and cause you to doubt that God would actually enable those things to materialise.

Pray over these lists and search the Word for Bible verses which replace these lies you have previously believed with the TRUTH.

e.g. LIE: "I'll never get over the fear I have around starting my own business."

TRUTH: "*No, in all these things we are more than conquerors through him who loved us.*" (Romans 8:37)

It's so powerful when we can replace the lies of the enemy with God's truth. Keep referring to this exercise when you find yourself in the midst of believing 'less than' thoughts about yourself, because they're simply not true. Allow the Word of God to minister truth to your heart and mind.

**When we feel stuck or even purposeless, we need to come back to the God who has positioned us in the first place.** Check out this verse as an anchoring reminder of where and in whom our purpose and plans are rooted.

*"For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them."* (Ephesians 2:10)

Lovely, all that you need in order to walk out your purposes is found in Jesus. We're created by Him, for Him and so when we find ourselves feeling weary, may we draw near



to God whose power is perfected in our weakness. May we draw strength there to walk in the works He has planned for us ahead of time.

## Praise Break

As we close this module, It's time for another praise break and so, as you soak in the goodness of God and your chosen state in His sight, close the door, raise your hands, dance around – whatever worship looks like to you – take a quick praise break and listen to [this wonderful song](#).

“When I’m lost in the mystery, to You my future is memory cause you’re already there!”

I love that. May we recognise God’s unique and divine hand on our lives as we begin to pursue power and purpose this week and beyond.

Lovely, you are chosen.

See you on the next leg of the journey – I can’t wait!